

## **Kale Salad with Pomegranate, Sunflower Seeds, and Sliced Almonds**

1/2 pound kale  
1 1/2 cups pomegranate seeds  
2 tablespoons sunflower seeds  
1/3 cup slivered almonds  
5 tablespoons red pepper seasoned rice vinegar  
5 tablespoons balsamic vinegar  
3 tablespoons extra virgin olive oil  
salt to taste

Wash and shake off extra water from the kale. Remove the center ribs and stems; discard. Chop the leaves until fine but still a little leafy.

Combine the chopped kale, pomegranate seeds, sunflower seeds, and sliced almonds in a large bowl; toss to combine. Drizzle the rice vinegar, balsamic vinegar, and olive oil over the kale mixture while continuing to toss. Season with salt to serve.