

Sauteed Cabbage with Vegetables

1 medium onion, sliced
1 tbsp minced garlic
2 c chopped or shredded cabbage
2 c broccoli florets
1 medium bell pepper diced
2 tbsp olive oil

Heat olive oil in a skillet. Saute onions and garlic until tender. Add other vegetables and saute until tender. Serve as a side dish or over pasta as a main course.

For variations, add or substitute other veggies.